

## Table of Contents

Introduction	9
From Production to Disposal: The Interaction of Food and Society in Utopias — Lyman Tower Sargent	15
What Will We Eat? Food as Signifier in the Projection of Futurities in Climate Change Fiction — Teresa Botelho	33
“Please, oh Snowman, what is toast?”: Memories and Nostalgia for Food in Margaret Atwood’s <i>The Handmaid’s Tale</i> and <i>Oryx and Crake</i> — Manuel J. Sousa Oliveira	49
Fuelled by Bodies, Fed by Souls: Exploring “Hangry” Houses in Horror Fiction — Jaqueline Pierazzo	59
Refectories and Dining Rooms as “Social Structural Joints”: On Space, Gender and Class in Ursula K. Le Guin’s <i>The Dispossessed</i> — Joana Caetano, Mariana Oliveira & Miguel Ramalhete Gomes	73
What May Happen in the Next Hundred Years: Joanna Russ’s Food Forecast — Marinela Freitas	95
Empathy through Foodways in Colum McCann’s <i>Let The Great World Spin</i> — Alvany Rodrigues Noronha Guanaes	103
Better Than Being Fossilised! — Ian Watson	111
“What we need is here”: Food, Sustainability, and American Myths and Projects — Maria Teresa Castilho & Sofia de Melo Araújo	119
Alternative Agri-Food Networks and their Implications for Social Policy: a Literature Review — Ana Paula Pedrosa	133
The Gendered Politics of Meat: Becoming Tree in Kang’s <i>The Vegetarian</i> , Atwood’s <i>The Edible Woman</i> and Ozeki’s <i>My Year of Meats</i> — Aline Ferreira	147
Diet, Consciousness and Ethics. Convergent Praxis in the Animal Rights and Vegetarian Writings of Henry Salt and Agostinho da Silva — José Eduardo Reis & Chris Gerry	163
<i>The True Story of Planet Mars</i> : A Portuguese Utopia about Food and Public Health — Maria Luísa Malato & Manuel Loff	189
Foods from the Other World — Antoine Brandelet & Anne Staquet	203
Juana de la Cruz’s Heavenly Banquet: A Utopian Way of Thinking about Food — Rebeca Sanmartín Bastida	221
Contributors	241